



## **End of day Questions for Professional Business Builders**

*Review this section for some ideas of productive things that could have been done today. This will help to jog your mind of things that can be done to help your business grow.*

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1. If everyone in my organization did what I did today, would I earn more money?
2. Did I start this day with a map, game plan and goals?
3. Should my actions of the day applaud me or prod me?
4. What ten successes can I list that I accomplished today?
5. What are ten reasons I should be grateful for today?
6. Was I alert to all opportunities to prosper today?
7. Have I repeated my positive affirmations at least twice today?
8. Did I remind myself of my purpose and mission today?
9. Did I eat moderately and healthy today?
10. Did I talk to at least one excited person in each leg today?
11. Did I tell my Nikken story to at least 5 new people today?
12. Did my words and actions allow others to see how much I value them?
13. Did I read for at least 30 minutes today?
14. Did I search for the good in every situation today?
15. Was I pleasant and agreeable to everyone I met today?
16. Was I focused on helping others succeed and grow today?
17. Did I go the extra mile today?
18. How can I grow from what I learned today?
19. Did I spend at least 30 minutes exercising today?
20. What can I do better tomorrow and in the future?