



## **What to Do When You Are Wondering What to Do**

*Review this section for some ideas to get your business moving.*

---

1. Write down your goals for this month (Body, Mind, Family, Society and Financial)
2. Plan you schedule for the next day and the rest of the week
3. Add 10 names to your list from any source
4. Take out your life cycle plan and absorb the images
5. Clean house and listen to a Nikken CD
6. Call someone in your upline and ask them for a moment to strategize
7. Call someone in your organization and offer to help them reach their goal
8. Read a section or two in one of your books on Network Marketing
9. Make phone calls until you have some materials to send or products to order
10. Draw out your group and fill in some new boxes with names
11. Call someone you have been dreading to bring this up with (swallow the frog)
12. Organize your files and scan your boss box for loose ends to tie up
13. Make a few cold calls
14. Watch a DVD about Nikken and take some notes on it
15. Call your chamber of commerce and go to the next mixer
16. Design a new flyer and make 100 copies of it
17. Call a dozen people and invite them to the next wellness preview or in home